



## **Fighting COVID 19, One Shot at a Time**

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### **Abstract**

Close to 2 years old now, the SARS-Cov-2 virus has caused havoc worldwide causing close to 3.4 million deaths. Healthcare systems have become overburdened with COVID-19 cases, countries have re-imposed lockdowns and the only solution expected for this is a vaccine. We have compiled data from published research papers and news articles, the hurdles faced in the distribution of vaccines and where can we fill in the gaps to be prepared for pandemic of this scale in the future. With the Pfizer-BioNtech and Moderna mRNA vaccines showing high efficacy, they seem to be the frontrunners in the vaccine race but face challenges due to their extremely low storage temperatures. The AstraZeneca-Oxford vaccine with an efficacy of 70% has an upper hand in terms of logistics because it just requires 2-8°C temperature. With many vaccines being launched, the challenge that now lies ahead is the supply-chain vulnerabilities for which the world wasn't prepared. In a country like India, where ultra-low temperature cold chain infrastructure hasn't had much investment, vaccines with refrigerator storage temperatures offer an opportunity for higher rural penetrance and faster outreach. CoWIN is the site launched by the government for easy outreach of the

vaccines throughout the country. Coordination of different components of the supply-chain from airports to primary health centres is key in the successful implementation of a vaccine. As of 20<sup>th</sup> May, 2021, 1.4 billion vaccine doses have been administered in India.

**Keywords:** COVID-19, vaccine, supply-chain, temperature, cold-chain.

### **Introduction**

The first case of Covid-19 disease was reported on 21<sup>st</sup> December, 2019 in Wuhan, China [1]. The SARS-CoV-2 virus spread rapidly around the world and on 11<sup>th</sup> March, 2020, the WHO pronounced the world to be suffering from a COVID-19 pandemic [2]. As of 20<sup>th</sup> May, 2021 there had been more than 164 million cases of the disease detected and more than 3.4 million deaths worldwide. 1.4 billion Vaccine doses have been administered in India [3].

COVID-19 affects the respiratory system primarily with the patients varying from asymptomatic or mild rhinorrhoea to patients suffering from ARDS and death [4]. The patients commonly present with fever, cough, myalgia, fatigue and dyspnoea at the onset of the disease [5, 6]. Other less common symptoms such as headache, diarrhea, abdominal pain, hemoptysis, vomiting, nausea, anosmia, ageusia, urticaria,

myocarditis etc. are also seen [7, 8, 9]. Most of the asymptomatic patients are younger [10] and most of the patients who require Intensive Care Unit (ICU) admission due to severe complications are of the older age group with most having underlying co-morbidities [11].

SARS-CoV-2 virus is a member of the coronavirus family infecting humans and similar to others such as SARS-CoV and MERS-CoV [12]. The case-mortality ratio of the Covid-19 varies around the world, ranging from 1.5% to 9.4% per 100,000 population in the 20 worst affected countries [13]. Even though the case-mortality ratio of covid-19 is less than the SARS-CoV and MERS-CoV, the death toll due to SARS-CoV-2 is exponentially higher than SARS-CoV and MERS-CoV combined [14].

Common modes of transmission for SARS-CoV-2 is via respiratory droplets during face to face exposure, via contact surface spread and airborne transmission [15,16]. Doubts persist in the scientific community about the latter [17]. It is important to adhere to the WHO guidelines for prevention of transmission of Covid-19 [18].

Recently, Remdesivir was shown to have some positive effect in the management of the affected patients [19]. With therapeutics unable to decrease the high mortality, the only way to end this pandemic now, seems to be with the help of vaccines.

### Material and Methods

This review was focused on the logistics of vaccine supply in India. For an in-depth analysis of the various Covid-19 vaccines and their possible distribution strategies in India, we conducted an intensive search of Google scholar and PubMed, along with a manual search on google. Articles in medical journals and news

reporting regarding the topic were referred for writing this article.

### Structure of SARS-CoV-2

In order to understand the mechanism of action of the vaccine, it is important to understand the structure of virus. The coronavirus are spherical, enveloped viruses, with a helical nucleocapsid and surface projections [20]. The large, single-stranded, positive-sense RNA strand encodes 4 main structural proteins: Membrane (M) protein, Surface (S) protein, Nucleocapsid (N) protein, Envelope (E) protein [21]. Studies have shown that among the structural proteins, S protein is the only significant SARS-CoV-2 neutralizing and protective antigen and thus it is of much interest for vaccine development against SARS-CoV-2 [22]. The coronaviruses use S protein homotrimers for attachment and fusion of the virus to the host cell membranes. The S protein is consists of S1 subunit containing receptor binding domain (RBD) and S2 subunit is responsible for membrane fusion and entry into the host cell [23].

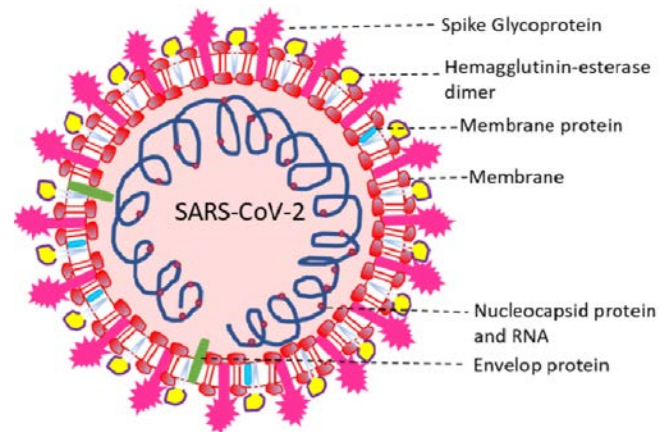


Figure 1: Structure of SARS-CoV-2 virus [21]

### Vaccinations for SARS-CoV-2

According to previous studies on SARS-CoV-1, the receptor binding domain (RBD), of the S1 protein of the coronaviridae, is the most important area for research for vaccines as it has a highly potent neutralizing antibodies response [24]. While the

vaccines were able to help in protection from an infection of the virus on giving a challenge dose, they did not provide sterilizing immunity. In some cases, vaccination in the mice models led to increased complications [25]. There was also the issue of waning of the immunity against the virus after some time, leading to the possibility of re-infection [26].

Another observation made for SARS-CoV-1 and SARS-CoV-2, is that elderly are affected more severely than those in the young. For Influenza vaccines, it was observed that higher titres of neutralizing antibodies were required to provide immunity to people above 65 years of age as compared to younger people [27]. This issue will be required to be addressed for SARS-CoV-2 vaccines due to the exponentially higher mortality rates of the virus in the elderly.

The vaccines currently in the final phases of development against the SARS-CoV-2 virus are discussed briefly here.

#### A. Nucleic acid vaccines

Recombinant DNA/RNA vaccines uses cloned DNA/RNA plasmid that sequence the immunogenic proteins for the pathogen, grown in a suitable eukaryotic host and purified. These purified plasmid nucleic acids are then directly inoculated to the patient and they cause production of the immunogenic protein on expression of the plasmid by the host cells [28, 29].

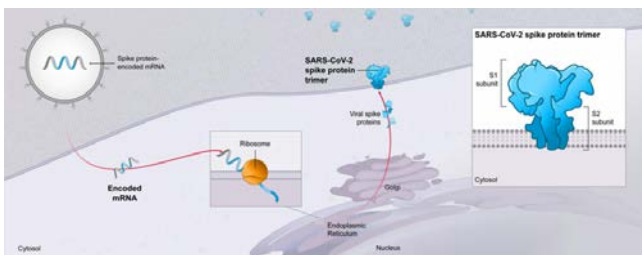


Figure 2: mRNA-1273 encodes for the full-length Spike Protein in the Pre-fusion [30]

#### a. Pfizer-BioNTech BNT162b2

The mRNA vaccine candidate's had an efficacy of 95%. The vaccine schedule consists of 2 doses, to be taken 28 days apart. The vaccine is to be stored at -70°C temperature, and once thawed, can be kept at refrigerator temperature for a maximum of 3 days, before it becomes unusable. No serious side effects have been reported. [31, 32, 33].

#### b. Moderna mRNA-1273 Vaccine

The vaccine's efficacy is reported to be 94.5% few days after the second dose. The vaccine schedule consists of 2 doses, given 28 days apart. The vaccine can be stored in a conventional freezer at the temperature of -20°C for up to 6 months and once thawed, it can be kept in a standard refrigerator for up to 30 days. No serious side effects have been reported. [34, 35, 36, 37].

#### B. Viral Vector Vaccines

Viral vector vaccines use laboratory generated, chimeric viruses that can be replicating or non-replicating, attenuated or inactivated viral vectors which have been spliced with the genes coding for the immunogenic proteins of the target pathogen [38, 39, 40].

#### a. Oxford-AstraZeneca AZD1222

It uses a chimpanzee non-replicating DNA based adenovirus viral vector with the genetic sequence of the Spike (S) protein. The interim efficacy report for phase III trials shows that the vaccine has 62% efficacy with 2 standard doses, one month apart and efficacy of 90% when half dose vaccine followed by standard dose regimen after 28 days, with an overall efficacy of 70%. The vaccine can be stored at refrigerator temperature (2°C-8°C). There are reports from some countries of blood clotting in under-40 yrs who were vaccinated with the same [33, 41, 42, 43].

**b. Gamaleya Centre's Sputnik V**

Sputnik V is a heterologous, non-replicating adenovirus viral vector vaccine containing recombinant adenovirus type 26 (rAd26) vector and recombinant adenovirus type 5 (rAd5) vector. It was the first approved SARS-CoV-2 vaccine in the world. The interim efficacy report of the vaccine is reported to be 92%. The vaccine is a freeze-dried vaccine, to be stored at -18°C. [44, 45, 46].

**c. CanSinoBIO's Ad5-CoV**

AD5-CoV was the first Chinese vaccine in development by the CanSino Biologics and the Academy of Military Medical Services, China. It uses non-replicating Ad5 Adenovirus vector. Only one intramuscular dose induced a significant immune response. No significant side effects were seen. The vaccine efficacy is 90.98% in preventing severe cases. [47, 48, 49].

**d. Johnson and Johnson's JNJ-78436735**

The vaccine is based on non-replicating Ad26 Adenovirus viral vector. The vaccine is one of the few Covid-19 vaccines that has a one dose regimen. It is estimated to remain stable at around -20°C for 2 years and at 2°C-8°C for around 3 months [50, 51, 52, 53].

**C. Inactivated viral vaccines**

Inactivated viral vaccines are prepared by cultivation in a suitable medium. After which, these pathogens are inactivated by using 2 methods: either by chemical or physical methods, or combination of both. When injected into the body, they stimulate active immunity [54].

**a. Bharat Biotech's Covaxin**

Bharat Biotech, in collaboration with ICMR and National Institute of Virology, are developing India's first endogenous Covid-19 vaccine, with alum as its adjuvant. The vaccine regimen consists of 2 doses

intramuscularly, 28 days apart. The vaccine has 78% efficacy with very mild to moderate side effects [55, 56, 57].

**b. Sinopharm's Covid-19 vaccine**

Sinopharm is currently working on 2 vaccines, in collaboration with Wuhan Institute of Biological Products and Beijing Institute of Biological Products. For the vaccine with Wuhan Institute of Biological Products, it was observed that dose regimen with 2 intramuscular doses, 21 days apart was found to be the most efficacious. There were mild side effects. The vaccine produced with Beijing Institute of Biological Products has a 2 dose intramuscular regimen, with very few adverse effects. The vaccine has been said to show high efficacy [58, 59, 60].

**c. SinoVac's CoronaVac**

CoronaVac is an inactivated vaccine with alum adjuvant. The dose regimen is 2 intramuscular doses, taken 28 days apart. Reports showed about 67% efficacy against symptomatic infection. It has mild to moderate side effects. The vaccine can be kept at refrigerator temperature for up to 3 years [61, 62].

**D. Protein subunit Vaccines**

Protein subunit vaccines are formed by isolation of the immunogenic proteins of the pathogen. In SARS-CoV-2 the proteins used are S protein or the receptor binding domain [63].

**a. Nvavax's NVX-CoV2373**

NVX-CoV2373 is a full-length stable, pre-fused S protein chain with Matrix M protein as adjuvant. It is given in 2 intramuscular doses, 28 days apart. The vaccine showed no serious adverse effects. It has to be stored at normal refrigerator (2°C-8°C) temperature [63, 64, 65].

### **Vaccine Hesitancy**

Even with highly efficacious vaccines, another challenge that mass vaccination may face is the scepticism present among many people, including some healthcare workers, regarding the speed of the scientific trials of these vaccines, which may have compromised their safety [66]. To increase the confidence of the public in the vaccines, it is necessary for regulatory bodies and vaccine developers, to have complete transparency and try to clear all the uncertainties surrounding the COVID 19 vaccines in the public's mind [67].

### **Logistics of Covid 19 Vaccination**

Logistical factors conducted internationally during roll out of a COVID-19 vaccine may include: sharing of supplier audits, visibility and traceability by barcodes for each vaccine vial, sharing of chain of custody for a vaccine vial from manufacturer to the individual being vaccinated, new packaging and delivery technologies, use of vaccine temperature monitoring tools, temperature stability testing and assurance, stockpiling, coordination of supplies within each country (personal protective equipment, syringes, needles, rubber stoppers, diluents, refrigeration fuel or power sources and waste-handling among others), technology and the environmental impacts in each country [68][69][70].

Vaccines are characteristically labile during temperature variations, requiring cold chain management throughout the whole supply chain, typically at temperatures of 2–8°C (36–46°F)[70]. With several novel vaccine technologies, there are new hurdles for cold chain system management, with some vaccines that are stable while frozen but unstable to heat, while others shouldn't be frozen, and some are stable across temperatures [71]. Damage caused due to freezing and inadequate training of personnel within the

local vaccination process are major concerns [72]. During a situation where more than one COVID-19 vaccine is approved, the vaccine cold chain may need to be inclusive of these temperature sensitivities across different regions with variable climate conditions and native resources for maintenance of temperature [71]. Inactivated vaccines may be transported using current cold chain systems, while CoronaVac doesn't need to be frozen [73][74].

mRNA vaccine technologies could be even more difficult to manufacture at scale and control degradation, requiring ultracold storage and transport [75]. For instance, Moderna's vaccine candidate requires cold chain management just above freezing temperatures (-20°C) with limited storage duration, but the one being developed by BioNTech-Pfizer requires storage at -70°C (-94°F) or colder throughout deployment until vaccination [76][77].

After the vaccine vial is punctured for administering a dose, it's viable for about six hours, then it should be discarded, which needs attentive local management of cold storage and vaccination processes [78][79]. Because there'll be an acute shortage of the COVID-19 vaccine during early roll out stages, the vaccination staff will need to take measures to avoid spoilage and wastage, which usually are the maximum amount, as 30% of the availability [78][79]. The cold chain has further hurdles to face within the sort of the local transportation for the vaccines in rural areas, like by motorcycle, mules or drones, the necessity for booster doses, use of diluents, and access to the vulnerable section of the population, like frontline healthcare workers and the elderly [78][80]

Currently the Government of India has setup an online platform named "CoWIN" online platform for the people to register themselves and book a slot in a

nearby Government PHC or General hospital or privately run hospital to get their vaccination. The gap between the two Covishield doses should be increased to 12 to 16 weeks from the existing 6-8 weeks, the National Expert Group on Vaccine Administration for Covid-19 (NEGVAC), headed by Niti Aayog member (health) VK Paul has suggested [81].

Distribution networks in India have operations mainly via four government medical store depots in Karnal, Chennai, Mumbai and Kolkata, which procure vaccines from the manufacturers. Approximately 53 state vaccine stores get their supplies from either these Government medical store depots or directly from the manufacturers.[82]

The Indian vaccine supply chain consists of enter ice rooms, deep freezers and ice lined refrigerators at the state level, of which the enter ice rooms have a storage capacity of 13440L. Within the peripheral units, the modalities are cold box, vaccine carriers and day carriers of which cold boxes can carry up to 30 vaccines and day carriers can carry up to 6 vaccines. There is an urgent need to complete the cold chain inventory within the lowest levels and their functional status. The inventory updating is to be done at regular intervals (initially quarterly, then monthly). Review and reconciliation of the cold chain devices must be finished validation and realistic projection of cold chain space need at different levels.

The WHO has implemented an "Effective Vaccine Management" strategy which is inclusive of constructing priorities to equip the national and subnational personnel and facilities for vaccine distribution, including trained staff to handle time and temperature-sensitive vaccines, robust monitoring capabilities to ensure optimal vaccine storage and

transport, temperature-controlled facilities and equipment, traceability and security. [83]

The Serum Institute of India in Pune plans to produce at least one billion vaccine doses, with half the doses reserved for India [84].

In India, with a population of 1.3 billion people, it may not be feasible to vaccinate every individual, but this may not also be necessary. To achieve herd immunity, only 70% of the population needs to be vaccinated. Excluding under 10 years old children and pregnant women, around 700 million individuals will need to be vaccinated. With such a large vaccination target, it will be prudent to use more than one vaccine, and to track who all have been vaccinated, India may need to use systems such Aadhar-linked vaccine batch numbers. There may be the problem of the funding for such a massive vaccine drive, for which the centre and the states may have to combine funds. It will also be essential to be very clear, depending on each state's population, positive cases and Covid deaths, the amount of vaccines that will be allocated to the state. The final distribution of the vaccines depending on the priority groups will be done by the states [85].

### **Conclusion**

While there are many vaccine candidates around the world currently in research, it will take quite a few years to understand which vaccine will actually be practical to reach the common man. The key to a global success is in the simplicity of technology and cost effectiveness. There is an urgent need to complete the cold chain inventory in the least levels and their functional status. Review and reconciliation of the cold chain devices must be validated and realistic projections of cold chain space are vital[73]. ASHA workers, AYUSH practitioners, anganwadi workers and allied health professionals should be mobilized for

faster outreach. In the absence of a truly effective drug, we will likely need to follow the social distancing and hygiene precautions for the foreseeable future [86].

The vulnerable, such as the elderly, immuno-compromised, and those with co-morbidities for example patients with ILD, particularly those of advanced age, have increased odds of severe disease and death from COVID-19 [87] should be given priority along with frontline healthcare workers.

A mass vaccination campaign for an infectious disease outbreak is a complicated enterprise that requires balancing different strategies for allocation, administration, distribution, access, monitoring and other considerations. Each infectious disease outbreak differs in terms of its clinical characteristics, epidemiology and impact across various populations [88]. Equitable health care service delivery is central to achieving success worldwide.

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